

Emergency Preparedness Training

For persons with disabilities, family members, & social service agencies

Simulation of how to take care of yourself or a loved one
when no one else can

Date: **Wednesday, May 15th**
8:30 am to 3:00 pm
(registration/coffee starts at 8 am)
at
Trans4mation Church
1001 S. First Street, Altoona, PA
(Behind Dean Patterson)

Pre-registration is required
Deadline: May 8th

Training, breakfast and
lunch included at no
cost. No shows will be
billed.



Learn how to survive an emergency.

This “mock” scenario will help you to
prepare when a disaster actually hits our area.

- An actual real-life event will be enacted with groups of like individuals. Top 2 teams who make it back to ‘base’ win prizes!
- Different scenarios will be presented. The situation will start slow and develop throughout the day.
- Members from local emergency disaster agencies will be on hand.
- Mental health professionals will also be on hand for anyone experiencing anxiety over this “mock” scenario.

Objectives:

- ◆ Methods to work as a team in your work or home environment to support one another during a crisis.
- ◆ Develop alternative routes and strategies when unexpected situations occur.
- ◆ Life-saving tips.
- ◆ How to follow first responder’s instructions and media alerts to protect yourself and your family.



A Partnership between local agencies, First Responders and
Blair County Department of Emergency Services



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To register contact: The Arc of Blair County at 814-946-1011 or via the internet
www.thearcblair.org. Go to the trainings page. Deadline to register: May 8